



## All About the Sun

The Sun, in astrology, is as vital to our soul in our chart as it is vital to our physical life here on earth. The Sun, in astrology, is our center of gravity, what everything else in our chart swirls around. We always feel and act out our Sun, it is the King to which all other planets are ruled under. When we feed our moon, we feel happy. When we feed our Venus, we feel loved and calm. When we feed our Sun, we simply feel sane, whole, ourselves. The Sun is our foundation. It represents who we are, consciously, but there is a somewhat unconscious side to the sun as well. The Sun can also tell us what we assume about life, what is so obvious to us that we never think to question it, because we know it in our bones. Therefore the Sun, along with the Ascendant, may serve as part of our approach to life.

The sign, house, and aspects to the Sun are therefore of primary importance, as they can tell us where and of what nature our 'center of gravity' is. What activities we should undertake and attitudes we must express to feel vitalized and alive. The average person has at least heard what their 'sign' is, even if they don't know what that means. The Sun sign has long been considered the most important, and that is the most popular cultural carryover from astrology. That is not to say that it is complete on its own, our whole chart must be considered to get a real picture of us. Much is left out when we only rely on the information about the Sun to examine ourselves, but it is of prime importance.

Without the sun's light, we die. If we try to cover up our Sun, shove it in a corner, reject its needs and its gifts (and flaws), we die. Our light starts to dim and go out. Our vitality is sucked away. We don't shine and we don't seem to be seen by others, or even ourselves. We start to go insane, feeling not ourselves. That is how vital the Sun is.

We have a delicate balance with the Sun on this planet. It is just close enough and just far enough away that it allows life without burning it up. Imagine if the Sun were to get too big for our planet, it could destroy us. If it becomes too big, it burns us. That is what can happen when the Sun in our chart gets too big for our life. The Sun is important, but it is not all. When we are giving our Sun a little too much power in our lives, we start to assume too much about our importance. We can start to assume that everything revolves around us, and when we start acting as such, the King starts to get tyrannical with others, trying to rule lands that are not his.