



All About Saturn

The location of Saturn in our chart shows us where we need to develop discipline in order to gain the rewards in that part of our lives. Like a clock keeping time, Saturn makes us do the work by the numbers. We can't get around it, we can't fudge our timesheet, and we can't get a note from our doctor. Gaining the skill of being able to discipline ourselves is not something that we can think our way through, we simply have to do the work to get the rewards that such work can bring, rewards that can only come from time invested and effort invested. Saturn work involves breaking down the old walls and outdated structures that we have built up and surrounded ourselves with over time due to fear or laziness and making new structures by changing our habits that we have to acknowledge no longer work and are causing problems for us.

Saturn's location in your chart may indicate an area where you have felt many limitations, whether they were internal insecurities or actual external road blocks in your life. Limitations exist to get us to work within them, to find another way. They are a supportive, and sometimes frustrating, structure to get us to achieve what we need to, to walk the narrow path to success in whatever area of your chart your Saturn lies. Limitations throw us back into ourselves to find internal reserves and strength that we don't think we have until we need to use it. When we fight to overcome these limitations, we are often much stronger and more talented than if we were just naturally gifted, because of the work we invested.

Saturn's location in your chart can be a place of insecurity and fear, but that threat tends to shrink once you really turn and face it. It is not a big leaping sort of feeling and facing it, turning around and saying 'aha!' It's more of an every day, keep trying, keep plugging away and slowly gain strength. Feelings of inferiority, insecurity and oppression need to be overcome by a direct intention to do so and repeated action taken in that direction. The insecurity exists because we have not developed the skill that is required to handle ourselves in this area, to have the confidence we wish to have. Even in the act of the work, not necessarily the achievement, but just being willing to do the work gains momentum. It builds on itself and we start to develop confidence and a belief that we can achieve what we never thought we could.

It's easy to lament what we feel oppresses us, and easy to shrug and say that this is our lot, which we may find ourselves doing at times, but when we play the victim, we are unbelievably stuck. We can easily choose to believe the lie that this problem can't be solved. We are especially in danger of depression and exhaustion if we give in to the lie of hopelessness and impossibility of the work that is ahead of us. Defensiveness and resentment will manifest in this area of life if these challenges are not undertaken, which can crystallize over time and become even harder to break through. It doesn't come easy,

and it certainly doesn't come quickly. When we can't accomplish something right away or even when we've tried 'everything we can think of', this is when the real work begins — try something you think is impossible. In a sense, it *is* impossible using the same rules that you have always had. You need to bring down those old walls. It is a challenge and may feel unnatural, because you are training yourself to do something that isn't a talent, but will become so.

Saturn is not about moral judgment or chastisement. It doesn't present limitations for punishment. Saturn is merely reality. Saturn teaches us cause and effect, the natural limitations of the 3 dimensional world and all that can happen in it. You need to work within those natural laws to get the results you want. Adjust to the practical necessities of life where your Saturn is, in spite of fear or anxiety that may be felt, by putting in extra effort and taking on extra responsibility.

The deepest satisfaction of your life will stem from your Saturn work. Because of the nature of the time and effort it takes, Saturn work is the easiest to look back on and see how far you've come, to see what you've really accomplished. You will develop real resources that you alone have created, through your sheer will and determination. This is some of the most important work in your life.