
NEWSLETTER

TICHENOR ORTHOPEDIC CLINIC FOR CHILDREN

PLAY GROUP NEWSLETTER

SPRING 2006

We're off to a great start! The Play Group now has eight children enrolled and we're all having lots of fun! We'd like to share some information about the program to keep you informed and involved. If you have any questions, concerns, or just want to stop by and observe the program, please feel free to do so. You are always welcome!

The Play Group is intended to help children improve their skills in all developmental areas and here are some of the skills we are working on: 1) gross motor: jumping, pedaling a tricycle, and walking up and down steps without assistance 2) fine motor: drawing, copying shapes, and cutting with scissors, 3) cognition: problem solving, letter/number/color matching 4) communication: requesting items, following directions 5) social/emotional: playing cooperatively, taking turns, helping with clean-up, 6) self-help: potty training, managing shoes and socks, managing buttons.

Communication Tips:

Describe things in sentences

Repeat what the child says, using correct sounds and sentences

Play games together and take turns

Count things around you

Talk about how things are the same or different

Arrange times to play with other children their age

Give the child lots of chances to choose

Ways you can help us: Send your child to school with:

appropriate socks and shoes; no flip flops

loose, comfortable clothing appropriate for outdoor play

pull-ups instead of diapers

Please do not send loose change in your child's pockets. It is a choking hazard for our younger children.

Field Trips

We are planning at least one field trip per month. The purpose is to provide the children an opportunity to work on their skills in a more natural environment. Parents are welcome and encouraged to attend but we ask that you do not bring other siblings. This is an opportunity to focus your attention on your child.

Pool Days

We would like to take advantage of our wonderful pool and provide a pool day at least once per month. To do this safely, we need at least one adult per child. We may be asking parents to help with this on a rotating basis so dust off your swim trunks and be ready to jump in!

Thank you for giving us the opportunity to work and play with your children.

The Play Group Staff