

PROGRAM OF EVENTS

Louisville Fencing Center in conjunction with Redlands Fencing Center

COACHES CLINIC Group Methodology

FRIDAY, MAY 9TH — SUNDAY, MAY 11TH, 2003

FRIDAY EVENING PROGRAM

7:15 Registration

Sign in and pickup your manual and materials for the program.

7:30 Introductions

Let us introduce ourselves

7:40 Expectations & The Big Picture

Define and share our expectations and desired outcomes for this weekend.

8:00 Fun as a Tool for Learning

If we don't enjoy something, at some level, we won't do it! Learn how to leverage the sense of fun and accomplishment into all levels of learning.

8:30 Games & Activities

Share your favorite game or activity with your fellow coaches. This is a great chance to increase your repertoire of "fun" things to do with your classes.

9:00 Overview of Study Materials

Check out the back of the manual for all of the really cool material you get to work with!

SATURDAY PROGRAM

9:00 Feedback Model

Learn a powerful and effective way to motivate your athletes with simple feedback. (Interactive)

9:30 Learning & Success Theory

What does it take to develop mastery as an instructor or coach. Learn this simple process as Jerry Benson explains it.

10:00 Basic Lesson Techniques

The basic process of "block – serial – random" is reviewed here. In addition, a further breakdown of the blocking method is taught using Czajkowski's Modern Concepts process. (Interactive)

11:00 Group Learning Techniques

Line Drills, Paired Drills, and Observation Learning. This is your chance to further develop this skills of teaching different techniques. (Interactive)

12:15 Games & Activities

(Need a game here)

12:30 Working Lunch Lecture: Pizza!

"Types of Learning" - Using Self-Discovery, Guided, and Individual Learning processes, we will combine them with the previous topic to create a large variety of teaching techniques. (Interactive)

"Types of Students" - Beginning, Intermediate, and Advanced students form one kind of classification; and it is very important to tailor our teaching styles to each of these groups.

"People Types" - In addition, we will be discussing the "Why, What, and How" types of people and how to handle them effectively.

1:45 Break

Definitely Needed.

2:00 Progressions

There are a variety of ways to “progress” a lesson from the simple to the complex, from the easy to the difficult. In this session we will present different types of these progressions, when, where, and how to use them. (Interactive)

3:00 Lesson & Program Structure

What’s all in a lesson? With this review, you will write your first lesson plan using all of the elements discussed and presented thus far. – Now that we have the elements of a lesson, learn how to combine several lessons to fit your previously defined goals. This forms the basis of your very own program to use in your own fencing club. (Interactive)

4:00 Wheelchair Coaching

This section covers the separate individual skills you need to develop to coach this population group.

5:00 Study Group

Study for the written examinations and/or build your lesson for the practical Moniteur exam.

SUNDAY PROGRAM

9:00 Sample Programs

As a refreshing review, we will give an overview of Vincent Bradford’s manual *“Taking Foil Groups to a Competitive Level”*.

9:30 Strategy & Tactics

What’s the difference between strategy and tactics. This discussion will give the basics of when, where, and how. We will be focusing on the 3 options/distance.

10:00 Lesson Plan Development

With the new concept of tactics in place, it is now your turn to develop and give a lesson using this new material. (Interactive)

11:45 Alternate Weapon Lesson Plan

It is time to discover the nuances of other weapons and how it can affect your curriculum. Taking your last lesson you will develop a variation focusing on the weapon specific differences.

12:30 Lunch

(Time permitting – This will be on your own.)

1:30 Teaching Kids

Kids need at least three elements: Expectations, Boundaries and Consequences, and Rewards. In this session we will discuss the reasons why, and how to incorporate these elements into your youth program.

2:00 Presentation Skills

Communicating with and Reading ALL of your athletes. Are they visual, auditory, or kinesthetic? How do you teach to their dominate sense? More importantly, how do you do these skills with a class full of different people? This session addresses these questions in a fun and enjoyable way. (Interactive)

2:30 Lesson w/Sensory Skills (Opt.)

This is an application of the previous topic. (Based upon time) You will give or recite a lesson using the dominate “sense” of your athletes, rather than the one that you individually prefer!

3:15 Break

Preparations for exams

3:30 Exams

Depending upon your requirements and preparation, we will be conducting the following examinations:

- Written Moniteur Exam
- Practical Moniteur Exam
- Written Prevost Exam