

SCUUP



South Coast Unitarian Universalist Press

November – December 2006

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The Purpose of this Fellowship:

To further freedom of religious experience and toleration of religious ideas;

Promote personal choice based on reason and conscience;

Celebrate the worth and dignity of each human being;

Accept the motive force of love;

Advocate the never-ending search for truth;

and Proclaim the importance of a religious community.

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SCUUF (with SCUUP Online)
www.scuuf.pnwd.uua.org
(Hyperlinks work in SCUUP online!)

Pacific Northwest District
www.pnwd.uua.org

The Unitarian Universalist Association
www.uua.org

Barb's Bits...

Testing the Limits

I believe I found my personal limits, as far as physical/mental/spiritual health goes. I took a temporary job teaching 5th grade from Sept. 20 through Oct. 20. I spent more than 60 hours at the school each week, including weekends, and then brought work home with me on many evenings. I found the work rewarding, I miss the students, and I have yet to recover my equilibrium.

I know some people thrive on such schedules, married to their careers, but I think most people who work so many hours believe they have no choice. There are those who find they must work extra hours in order to make ends meet. Many people who do not earn a family wage "moonlight" in order to pay the bills, and/or save for their children's college education. Others work long hours and receive no wage—perhaps they are caretakers of ill or disabled family members.

Even people who are working only 40 hours per week are hard-pressed to squeeze in everything that needs to fit. They often feel harried, continually stressed, or frequently overwhelmed. What price do we pay as individuals, as families, and as a nation, for a system that leads to such imbalance? A long list of physical, mental, and social ills comes to mind.

It is pessimistic to assume that nothing can be done about it. It seems rhetorical to ask what can be done about it. So, if we are busier than we want to be, I suggest that we do ourselves, our loved ones, and our faith community a favor. As the upcoming holiday season approaches, seek a sustainable level of activity that includes enough respite that you enjoy your life. Peace & Joy to all. ☺

Boise Hosts 2007 District Meeting

Knowledge-Compassion-Commitment is the theme for the 2007 Annual General Meeting of the Pacific NW District of the UUA, to be held at the Grove Hotel in historic downtown Boise. The keynote speaker will be **UUA President William Sinkford!** Mark your calendars now with February 16-18 and plan to attend for a full program of workshops, inspiring speakers and special events—plus a chance to explore Idaho's capital city. If you'd like to propose a workshop for the conference, please visit www.pnwd.org/pages/agm.php for more information.



On June 20 – 24, 2007 the Unitarian Universalist Association General Assembly is in Portland Oregon!

Among UUs

Mitzi Loftus, one of SCUUF's charter members, made another trip to Spain to perform in a choir directed by her former exchange student, David Rodriguez. David wrote the first children's opera for Spain. Some of you have met David's young nephew, Antonio Rodriguez Sanchez, when he visited Mitzi during the past two summers.



In October, **Bob Mahaffy** enjoyed a two-week cruise to Greece, through St. Johns College, where he has taken courses that turn into SCUUF programs on topics such as Herodotus & Aristotle's Nicomachean Ethics. We know Bob has stories to share about his travel adventures.



Paula Bracken, SCUUF's accomplished thespian, recently finished performing in *The Secret Garden*. This was the final production of On Broadway Theater at their current location. Paula's niece, Cheryl Embree, is visiting for the month of November. Cheryl makes her home in Cleveland.



William Fowler, 15 year-old son of Barbara Taylor and Steve Fowler, passed his Eagle Scout Review Board in October. Only 4% of boys entering the scouting program advance to Eagle rank.



Fellowship member Dick Root landed a nice one from the Coquille River in mid-October.



Here to Serve

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Bob Mahaffy, Treasurer
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Mark Stueve, Director
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Full Moon Dance

Women's Goddess Dancing celebrates and deepens the Goddess within. Join the celebration on Saturday, 04 November at 7:00 pm at Jevanna's Treehouse at 2690 Liberty, North Bend. For more information, call 756-5790. ☺

US Holocaust Memorial Museum Honors Unitarians

A somber, rainy morning in mid-September provided a fitting backdrop for a ceremony held at the United States Holocaust Memorial Museum to honor the late Martha and the Rev. Waitstill Sharp.

The Museum dedicated a plaque recognizing the Sharps on its "Rescuers Wall" in the black granite room where an eternal flame burns. The Sharps are only the second and third Americans to be honored as "Righteous Among Nations." This honor, recognizing the few individuals who courageously acted to save lives in the face of genocide, is the highest honor that the nation of Israel can bestow on non-Jews on behalf of the Jewish people.

For complete coverage:
http://www.uua.org/news/2006/060914_sharps.html ☺

Alternatives to Growth Film Series

Nov. 9 **The End of Suburbia**

Dec. 7 **Better, Not Bigger**

Films start at 7:00 pm at the Coos Bay Library Cedar Room.

The series is sponsored by *Coos County Alternatives to Growth*. Call 888-8234 for more info. ☺

Take Action Against US-Sponsored Torture!

Denounce torture by endorsing the mission statement of the National Religious Campaign Against Torture (NRCAT).

<http://www.nrcat.org>



South Coast Unitarian Universalist Fellowship

November – December 2006 Calendar

Unless otherwise noted, programs are from 3:00 to 4:30pm at North Bend United Methodist Church, 2389 Meade Street.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
November 5 As If We Were Grownups Barbara Taylor presents Chapter 2, <i>Telling the Automobile Association of America the Price of Gasoline is Too Low</i> . Based on the book by Jeff Golden.	6	7 Election Day	8	9	10 Marty's Birthday	11 Veteran's Day
12 Aristotle's Nicomachean Ethics Bob Mahaffy will share the 4 th Century BCE philosopher's view on how to lead the right sort of life.	13	14	15	16	17	18 Barn Dance 888-8234
19 A Visit to the Mahaffy Century Farm Bob Mahaffy will take us on a forest tour of his family's homestead. Meet at Bunker Hill School at 11am to carpool. Wear appropriate footwear and clothing. Lunch will be provided. For more information call Bob at 267-7193.	20	21	22	23 Thanks-giving	24	25
26 SCUUF "Givingthanks" Gather at 3 P.M. Sunday at Sizzler's for holiday dining with fellow UUs. Please call 888-8234 by 11/25 if planning to attend so we can make reservations.	27	28	29	30	Dec 1 Aids Awareness Day	2
3 Hike of Our Adopted Coast Watch Mile Our mile is on the North Spit of Coos Bay. Carpool meets at NB Library parking lot at 11am. Dress for the weather; bring a sack lunch for the trail.	4	5	6	7 Pearl Harbor Day	8	9 Dennis' Birthday
10 Human Rights Day "Let us be clear: torture can never be an instrument to fight terror, for torture is an instrument of terror. Let us rededicate ourselves to wiping the scourge of torture from the face of the earth." --Kofi Annan, UN Secretary General	11	12	13	14 Program Planners 4:00pm Martins	15	16 Hanukkah Begins Barn Dance 888-8234
17 Annual Holiday Caroling Following tradition, we'll tour local homes for developmentally disabled adults.	18	19	20	21 Forefathers Day	22	23 Hanukkah Ends
24 To Be Announced	25 Christmas	26 Kwanzaa Begins	27	28	29	30
31 Other Ways of Knowing Share our thoughts and feelings on how we know...beyond science and reason.	Jan 1 New Year's Day	2	3	4	5	6 Feast of Epiphany



**South Coast
Unitarian Universalist
Fellowship**

PO Box 595
North Bend OR 97459-0048

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Visit SCUUF online at <http://scuuf.pnwd.uua.org>

SCUUF Membership is open to all who agree with our purpose
and are willing to make a commitment of time, talent, or treasure.

Coast Conference at Southwestern

Southwestern Oregon Community College will be the site of Coast Conference South – featuring speakers and workshops about beaches, tide pools, ocean habitats and water quality – from 10 a.m. to 4 p.m. on Saturday, Nov. 4, in Empire Hall.

The free public event is sponsored by the CoastWatch Program, through which more than 150 Coos County residents volunteer to help keep watch over the shoreline, along with the Ocean Program of the Oregon Shores Conservation Coalition.

“This conference is for everyone who cares about our coast and its resources,” said Diane Bilderback, co-chair of the Coos CoastWatch support group. “It will be a chance to learn some fascinating natural history, and also about ways we can help as citizens to conserve our shoreline and ocean.”

The event will feature presentations **Connections: A Tale of Rocky Shores and the Ocean Next Door** and **Where Has All the Sand Gone?** Workshops include recognizing invasive and introduced species on Oregon’s Coast, protecting clean water, and citizen involvement in monitoring water quality.

While registration is free, those attending will be asked to register for the educational experience. Lunch will not be provided as part of the conference, but classrooms at the college will be available for brown-bagging, or participants can use in the college’s dining facility in Empire Hall. For more information, those interested can contact Phillip Johnson at (503) 238-4450 or orshores@teleport.com, or Diane or Dave Bilderback at (541) 347-1335 dbilderback@mycomspan.com.