

Acupressure Classes with Alvina 2007

* SEVA STRESS RELEASETuesday Sept 25th 2-8PM...**6 CE Credits..\$70**

* **Basic Acupressure 1: Clinical Acupressure 24 CE Credits**

4 Thursdays in October 9AM-5PM

\$495 if registered by Aug 1st, \$595 by Sept 1st, \$695 thereafter

* Chakra Tai Chi.....Sunday October 28th 10-11 AM \$10

* IMMUNE/LYMPH BOOSTER.....October 28th 12-6 PM \$90

6 CE Credits, pending

* **Intro to Zero Balancing w/ Demo.....Tuesday October 30 6-7:30 PM \$25**

*Core Zero Balancing 1 w/ guest teacher Verilee Herpich Nov 1-4 \$595--

--\$495 if pd in full by Oct.. 1st **25 CE Credits**

* *Reflexology...Monday November 12 3-6 \$100 a couple;\$55 single*

All Classes in Ocean Grove, New Jersey

For more information or to register contact Alvina at 732-502-0514

For explanations check the website www.oceangrovenj.com/medical.html

Holistic Healing Arts

Alvina Quatrano, LMT

48 Main Avenue # 2

Ocean Grove, NJ 07756