

You want to start a family, but it hasn't been easy. When you're looking for a solution, it's good to be on familiar ground. Choosing Kaiser Permanente for your in vitro fertilization (IVF) is one of the best decisions you can make.

Kaiser Permanente has been taking care of Californians for 60 years. The Center for Reproductive Health in Fremont offers IVF services as well as an egg donor program.

We offer advanced, innovative equipment and technology, and we're staffed with excellent doctors and scientists in the field. Every step of the way, your personal infertility doctor will be involved, and your records will be accessible and secure. So when you choose us for your IVF, you can count on high-quality medicine, coordinated care, and peace of mind.

Many Kaiser Permanente members have coverage for the diagnosis and treatment of infertility, and some members have coverage for in vitro fertilization (IVF) procedures if IVF is listed as a covered benefit in the *Evidence of Coverage* for their Kaiser Permanente health benefit plan. Otherwise, the services described in this brochure are provided on a fee-for-service basis, separate from and not covered under your health plan benefits. Clinical services are provided by providers or contractors of The Permanente Medical Group, Inc. Kaiser Foundation Health Plan, Inc., and Kaiser Foundation Hospitals may receive compensation for providing facilities and/or other support in connection with these services. For specific information about your health plan benefits, please see your *Evidence of Coverage*.

Photos of models shown, not actual patients.

# The next step

## In vitro fertilization and egg donor program

### In vitro fertilization.

Take the next step with  
someone you know.  
And someone who  
knows you.



**Kaiser Permanente**  
**The Center for Reproductive Health**



#### Location:

The Center for Reproductive Health  
Fremont Medical Center  
39141 Civic Center Drive  
3rd Floor, Suite 350  
Fremont, CA 94538

#### Hours:

Monday–Friday, 8 a.m. to 5 p.m.  
Saturday–Sunday, by appointment only

#### Telephone:

**510-248-6900**  
**1-888-886-0079** (toll free)

#### Online:

**[www.kpivf.org](http://www.kpivf.org)**

## What is “in vitro fertilization”?

In vitro fertilization (IVF) is the process of combining a woman’s egg and a man’s sperm outside the body, in a laboratory. An embryo forms in the laboratory, and after a few days, it’s placed in the woman’s uterus.

### What you can expect: The IVF cycle has three phases.

#### Phase 1:

##### IVF Fertility Evaluation of the Couple and Stimulation of the Woman’s Ovaries with Fertility Drugs

The fertility of both the male and female partners is evaluated. To increase egg production, the woman’s ovaries are stimulated with hormone injections, and egg development is monitored through ultrasound scans and blood tests. At the appropriate time, ovulation is triggered with an HCG hormone injection.

#### Phase 2:

##### Egg Retrieval, Fertilization, and Embryo Transfer

Eggs are retrieved directly from the ovaries using an ultrasound-guided needle. The eggs are then placed together with sperm in a special culture. If fertilization occurs, the embryos develop in an incubator over several days before the woman returns to The Center for embryo transfer.

#### Phase 3:

##### Follow-up Care

We’ll determine if pregnancy has occurred and then plan for additional follow-up care.

### Your cost: Single-cycle plan pricing

You are charged one fee for an IVF procedure, which typically includes the following:

- Anesthesia
- Cycle monitoring
- Egg retrieval
- Embryo culture
- Embryo cryopreservation and storage for up to six months
- Embryo transfer
- Facility fee
- Lab tests
- Medication\*
- Sperm preparation
- Ultrasounds

The single-cycle plan fee does not include the following:

- Assisted hatching
- Intracytoplasmic Sperm Injection (ICSI)
- Reproductive urologic procedures
- Preimplantation Genetic Diagnosis (PGD)
- Frozen embryo transfer
- Donor eggs or sperm

### Egg donor program

The egg donor program provides an integral option for treating women with infertility who otherwise would not be able to conceive on their own. We assist patients in the donor selection process, coordinate all screening and cycle monitoring for both donor and recipient, and provide education and support throughout the process. Our experienced staff will guide both the donor and recipient every step of the way.

\*Your infertility physician may increase or change your medications or dosage which may increase the IVF medication fee. Medication fee based on Kaiser Permanente membership status. Financing is available.

### Your team

Kaiser Permanente’s reputation for excellence attracts some of the most qualified physicians in the nation, and so we’ve assembled a team of excellent doctors. Our doctors practice together as a group, each focusing on his or her specialty, while consulting with trusted peers when necessary. They are dedicated to helping you achieve your dream of parenthood by providing personalized care in a supportive and caring atmosphere.

Quality medicine. Coordinated care. And peace of mind. That’s what you expect from Kaiser Permanente for all your other health needs. And that’s what you can count on for your IVF.

### To learn more

For more information about IVF or the egg donor program, please call **1-888-886-0079** or visit us online at **[www.kpivf.org](http://www.kpivf.org)**.

