

**DR. PHILLIPS VPA DANCE MAGNET CONTRACT
LEVEL IV**

FOR GRADE: This is a single spaced self-reflection with specific details summarizing the following (any attachments to this reflection must be double spaced):

1. **Dress Code/Participation/Conduct/Communication:** A classic dress code will be followed in class and for all field trips, master classes, rehearsals, and performances. This includes appearance, DPHS dress code, correct hair, makeup, and no jewelry or gum in dance attire or sweats. **Dancers will display proper attitude and behavior toward any teachers, adults, and peers.** The DPHS and VPA Code of Conduct will be in effect for all classes, rehearsals, and special events. **A negative attitude or administrative referral will result in suspension of performance privileges. Students must learn to notify instructors (via email or voice mail only) in a timely manner. A LACK OF COMMUNICATION WILL RESULT IN A GRADE PENALTY.**
2. **Healthy Body (Attachment):** Dancers are expected to learn proper care and maintenance for a **healthy** body by working to reach a safe body fat percentage, using good nutritional habits, and learning injury prevention and treatment. Body comp will be taken each 9 weeks. Students are expected to **compare and contrast their results each quarter** to determine effectiveness. Reflect on two new goals per quarter (one- health component, two – health, nutrition, stress, etc.). **Unsafe habits may result in suspension of performance privileges.**
3. **Involvement in Dr. Phillips Productions:** **Mandatory performance in the 2/8 & 5/9 concerts. Paid attendance/teching at the 12/7 & 5/2 concerts.**
4. **Additional Dance-Related Learning Experiences (Attachment):** Students are expected to take part in dance-related field trips, master classes, auditions, community performances, or community service **3** times per contract quarter. **(Please note that regular class time will not count.)** A full one-page paper must be submitted along with specific information regarding the activity (ex. Ticket stub, flyer, etc). **Other options must be approved in advance. *Bonus points for extra (1-page) additional papers.**
5. **Weekly Studio Dance Training:** ***WORTH ONE LETTER GRADE:** Students are expected to take part in an additional movement experience a **minimum of once per week** for further growth. This could include studio dance classes, liturgical dance, involvement in another performing group, Yoga, Pilates, etc. **NO CHEERLEADING OR SPORTS TEAMS ARE APPROVED AT THIS LEVEL. Your choice of activity must be pre-approved by the directors by Friday, August 24.** Evaluations will be signed by an adult instructor and returned in a sealed envelope (with instructor signature on the back flap) and placed in the front pocket of the Contract folder. The student is responsible for providing the studio teacher with evaluation forms and envelopes 2 weeks prior to the due date. **If you do not have a studio home, contact the directors immediately.**
6. **Rehearsals:** Dancers **MUST** attend designated rehearsals during the week of performance (refer to dance calendar). **CALLED CLASS REHEARSALS ARE MANDATORY. DO NOT SCHEDULE ANY APPOINTMENTS DURING THIS TIME!** Students or parents should email or call the office phone if there is a conflict at least **2 days prior to the rehearsal.** Missed rehearsals during performance week will result in removal from the concert.

7. **VPA Recitals:** Students must attend VPA Recitals once a month on Wednesdays from 1:30 – 3:00 PM and **write a critique. (To be turned in for evaluation the following Wednesday, hole-punched in your VPA notebook.)** VPA Recital dates: *9/20 (Thur, 7PM), 11/14, 12/12, 1/30, 2/27, 3.26 and *4/24 (Thurs. 7 PM).
*Please note that both evening recitals are **MANDATORY** and students who do not attend 6 out of 7 performances during the year will be placed on probation. Appropriate theatre etiquette and attire will be required at all recitals, in accordance with VPA policy. (In other words, act nice, look nice, and no cell phones).
8. **Guest Teachers/Adjuncts (Attachment):** Students are expected to write a one paragraph reflection on every guest teacher/adjunct throughout the contract quarter.
9. **Self-Evaluation:** Each quarter, students must evaluate themselves according to the dance rubric by filling out the appropriate form to be included **as the last contract page.**

The above 9 contract items account for 50% of your overall grade. It is the **student's responsibility** to submit all contract items **typed** on the dates specified on the VPA Dance Magnet Calendar. **Therefore, grades for contract items will not be included in progress reports.**

***THE FOLLOWING MUST BE ADDRESSED IN YOUR CONTRACTS QUARTERLY:**

10.Fundraising: Students are expected to participate in fundraising events each month. Dancers must learn that raising money is a necessity in the World of Performing Arts. This includes bringing a **minimum of 4 paying guests** to every performance and participating in annual fundraisers. Refer to Fundraising Incentives sheet for further information.

11. Donations: A **\$400 donation per year is required from each student to offset needs such as music, videotapes, guest teachers and costumes.** Please remember that we are a public institution and do not receive any outside funding. Additional donations would be greatly appreciated and ALL donations are tax-deductible. (Parents and dancers should be aware that each student is receiving approximately \$3,500 in dance experiences for free each year.) For further explanation, refer to the VPA Dance Donation and Fair Share sheets.
****please attach all receipts for each 9 weeks to the contract. Receipts will then be returned to you.**

12. Officers: By application/teacher recommendation: Those students holding an office are expected to be class leaders and carry out duties to the best of their abilities. Additional time outside of class will be needed. You are expected to be at all required meetings or you will be replaced.

13. Parent Involvement: Parents are expected to be involved in their student's education. Please fill out the on-line ADDitions form at <http://volunteer.ocps.net>. Be prepared to help out with after-school dance related activities. Dance Booster Club Meetings are MANDATORY for all parents (for a student grade) and will be held 4 times a year (9/20, 11/8, 1/24, 4/24).

14. Applause sheets: Place in front pocket of Contract folder each 9 weeks.

15. NHSDA forms filled out for points: All students, whether members or not, are expected to fill forms out each quarter and place in the front pocket of their Contract folder.

LEVEL IV CONTRACT AGREEMENT

I understand these contract requirements will be reflected in my class grade (50%) and agree to the above conditions. It is **MY** responsibility to follow this contract.

Student Signature

Date

I understand these contract requirements will be reflected in my son/daughter's class grade (50%) and agree to the listed conditions. I also understand my role in the success of my student's ARTS Experience and will fulfill **my parent booster obligations. I WILL CONTACT THE INSTRUCTOR IF THERE IS A SPECIAL PROBLEM OR CONFLICT AHEAD OF TIME!!**

Parent Signature

Date