

THE RURAL NEVADA FOSTER PARENT SUPPORT LIBRARY

--a project of the Carson City Foster Parent Recruitment and Support Coalition, with a grant to CASA OF CARSON CITY from the Leonette Foundation.

The Carson City Foster Parent Recruitment and Support Coalition meets monthly in Carson City. The Coalition brings together agencies and foster parents. The Coalition reflects our belief that the community should actively assist the Division of Child and Family Services in the recruitment and support of foster parents. During these meetings, a need was recognized to make information available to rural Nevada foster parents—all counties outside Clark and Washoe. The Nevada Rural Foster Parent Support Library (NRFPSL) was created through a grant to CASA of Carson City by the Leonette Foundation.

HOW TO GET A TITLE.

Materials are for foster parents and CASA volunteers in Nevada rural counties to borrow and return. Below is a list of our current materials. We have given each a number. Email or write Mikie Franklin at the Division of Child And Family Services in Carson City.

MFRANKLIN@dcfs.state.nv.us List our Number—like “0003”—and THE TITLE as well as your information. Use the form below.

When it arrives, slit the tape and save the cardboard envelope for return of the material! Inside you will find a label to place over the label we used so that you can send it back. When you are done with the title—after about a month—mail it back. The label is to **The Division of Child and Family Services, RURAL NEVADA FOSTER PARENT SUPPORT LIBRARY, 1677 Old Hot Springs Rd. Ste B, Carson City, NV 89706.**

Also enclosed is a questionnaire. Your input helps us to create funding for more materials in the future.

Thank you for being a foster parent!

Library Sub-committee: Karen Hartman, Foster Parent; Tawnya Roberston, DCFS; Chris Bayer, CASA of Carson City; Joseph Galata, Sierra Association of Foster Families; Jeanette Famoso, Carson City School District.

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-made possible by a grant from the LEONETTE FOUNDATION

RURAL NEVADA FOSTER PARENTS AND CASA VOLUNTEERS MATERIAL REQUEST

MAIL OR EMAIL THIS INFORMATION TO:

MFRANKLIN@dcfs.state.nv.us

MIKIE FRANKLIN

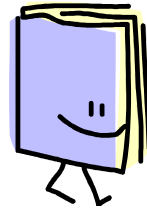
The Division of Child and Family Services,

RURAL NEVADA FOSTER PARENT SUPPORT LIBRARY,

1677 Old Hot Springs Rd. Ste B,

Carson City,

NV 89706.



SEND THIS ITEM NO: _____

TITLE: _____

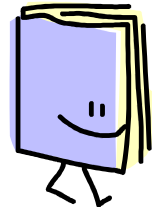
TO (YOUR NAME AND PHYSICAL ADDRESS. PLEASE PRINT CLEARLY.)

THE RURAL NEVADA FOSTER PARENT SUPPORT LIBRARY

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YOU ARE THE EXPERT!

WHEN YOU SEND IT BACK, PLEASE TELL US:



1. Title _____

2. Our Stock No. _____

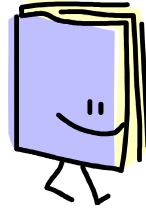
3. Do you recommend this title to other foster parents (4 is best, circle one)

1 2 3 4

4. The best thing about this title was (circle any): **Description of Problem Encouragement Suggestions Resources**

5. On the back of this sheet, please list for us any titles of any materials that we do not have on our list that you think we should purchase and loan out.

6. Did you find the library easy to use? (Circle one, if “no” we’d like to know what went wrong. Write on the back of this sheet.) **YES NO**



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MATERIALS

from CHILDTRAUMA.org

Dr. Bruce Perry et al. <http://ctaproducts.org/eachandbrde.html>

001

SERIES 1 — Understanding Traumatized and Maltreated Children: The Core Concepts

This seven-part series features Bruce D. Perry, M.D., Ph.D. and is hosted by Art Linkletter. Comprehensive information is presented by Dr. Perry on the primary problems facing maltreated children and dynamic approaches for effective care giving for professionals and lay people alike.

Training Materials for Series 1

We offer two products to complement and supplement Video Series 1 -- an Educator's Package and a set of PowerPoint Presentations. These products were created for educators wishing to use our materials for training activities.

002

SERIES 2 — The Six Core Strengths for Healthy Childhood Development

This seven-part series features Bruce D. Perry, M.D., Ph.D. In each video, Dr. Perry discusses the core strengths that provide a child with the framework for a life rich in family, friends, and personal growth. Teaching children these core strengths gives them a gift they will use throughout their lifetimes. They will learn to live and prosper together with people of all kinds—each bringing different strengths to create a greater whole.

Training Materials for Series 2

Our "MULTIMEDIA CD" was created for educators wishing to use our materials for training purposes. It was designed to complement and supplement the videos in Series 2: The Six Core Strengths of Healthy Childhood Development.

The CD contains nine articles, twelve handouts with exercises, one 55 slide PowerPoint Presentation and short explanatory video clips. Content is presented with images, tables, figures, and teaching points. Each article is ready to print and distribute to trainees.

003

NEW — Early Childhood and Brain Development: How Experience Shapes Child, Community and Culture

In this one hour program, Dr. Perry speaks passionately about the critical role early developmental experiences play in shaping the child, and ultimately community and culture. This presentation was given to a large public gathering of key policymakers and stakeholders in California - and we think you will find it helpful in communicating these ideas to parents, teachers, mental health professionals and policy makers. The program is also ideal for any trainer trying to reach the general public.

This presentation is the best overview of the core concepts related to the impact of trauma and neglect on children and the practice, program and policy implications of maltreatment.

004

What We Have Always Known

This 25 min. training and educational video features Dr. Bruce D. Perry, renowned expert in child trauma and early brain development.

The video is a wonderful, educational resource for Native American and Non-Native American communities at large -- parents and primary caregivers, business, healthcare providers, education, faith groups, government, media and service organizations.

The video:

- presents key teachings of the Native American culture and the important positive impact that understanding early brain development can make on the lives of children.

- reinforces learned historical practices and parenting skills passed on through Native American ancestry -- generation to generation.

- speaks of the importance and need for extended families and the benefits of reweaving the social fabric in the Native American Culture.

from NTI UPSTREAM

Dr. Chasnoff et al. <http://ntiupstream.com/>

005 FAS powerpoint

Dr. Chasnoff discusses recently published data that answers the question of whether Fetal Alcohol Syndrome and Alcohol-Related Neurodevelopmental Disorders present differently, or the same, in domestically and internationally adopted children. Topics include: issues surrounding the diagnosis of FASD, the use of MRIs in determining prenatal alcohol exposure, longitudinal studies matching two populations of domestic and internationally adopted children, and more.

Features from the lecture:

- Recently released data published by Children's Research Triangle that answers the question of whether Fetal Alcohol Syndrome and Alcohol-Related Neurodevelopmental Disorders present differently, or the same, in domestically adopted children.
- Issues surrounding the diagnosis of FAS
- Longitudinal studies matching two populations of domestic and internationally adopted children
- Issues on Poly-Drug Use
- Brain Mapping and Executive Functioning
- Using Statistics

006

CD--Cause and Consequence: Understanding the Drug-Exposed Child

Managing difficult behavior has never been easier. This interactive Windows-based software combines practical information on the long-term impact of prenatal drug exposure with the latest technology, to create an exciting learning and management tool that will guide parents, teachers, adoption and foster care workers as they contend with children's behavior and learning issues. *Cause and Consequence: Understanding the Drug-Exposed Child* includes an interactive behavioral matrix where the user has the ability to input his/her own data to receive specific management and treatment strategies. *Cause and Consequence: Understanding the Drug-Exposed Child* is a wonderful tool for parents, teachers and adoption and foster care agencies.

007

Book-The Nature of Nurture

A classic in the genre of prenatal healthcare, *The Nature of Nurture* is in its fourth printing since its debut in 2001. This is a must read for those who are looking for research-based information on the biological and environmental factors that impact the development of drug-exposed children. This book presents practical strategies for helping children reach their full potential at home and in the classroom. If you need to choose one book about the health consequences for children prenatally exposed to alcohol, cocaine, and other drugs, this is it.

008

Book- Little Heroes: Issue #1 (Fetal Alcohol Spectrum Disorder)

Little Heroes #1: FASD is designed to help parents and children understand Fetal Alcohol Spectrum Disorder (FASD). This issue is a true story about Suzie, a little girl who was adopted from a mother who used alcohol during her pregnancy. This issue helps children understand why they feel and behave the way they do as a consequence of their prenatal exposure to alcohol. Written on a third grade level, *Little Heroes #1: FASD* is easy to understand and fun for children to color. *Little Heroes #1: FASD* is great for resource centers, libraries, adoption and foster care agencies, families who have adopted children with FASD, and schools.

009

Book-Little Heroes: Issue #2 (Foster Care and Adoption)

Little Heroes #2: Adoption and Foster Care, is designed to help parents and children understand the foster care and adoption process. This issue is a true story about two brothers, Robert and Phillip, who are in the foster care system and how they come to find themselves in different adoptive families. A warm tale about separation, love, and family, *Little Heroes #2: Adoption and Foster Care* is great for resource centers, libraries, adoption and foster care agencies, and families who have adopted children both domestically and from overseas. All of the *Little Heroes* stories are written on a third grade level, which make them easy for children to understand.

010

Book-Little Heroes: Issue #4 (Sensory Integration and Behavior Problems in the Young Child)

Little Heroes #4: Sensory Integration and Behavior Problems in the Young Child, is designed to help parents explain to their child about the behavior problems he or she might be experiencing. This issue is a true story about a little boy named Jeff who experiences many different sensory and behavior problems during his first day at preschool. *Little Heroes #4: Sensory Integration and Behavior Problems in the Young Child* enables parents to have a productive dialogue with their child about his or her behavior problems without making the child feel badly about the things he may not be able to control. All of the *Little Heroes* stories are written on a third grade level, which make them easy for children to understand

011

Book-What's a Foster Family, Anyway?

Many foster children experience emotional turmoil due to the lack of information they receive regarding the foster care process and the expectations that are placed upon them in their new surroundings. This book helps children gain a basic understanding of the foster care system and helps answer that often confusing question: what's a foster family, anyway?

012

The Listening Heart Special Edition – DVD

The Listening Heart: Special Edition was designed to help both parents and professionals teach about Fetal Alcohol Syndrome (FAS). Included in this package are three complementary tools, providing the most comprehensive set of educational materials available on FAS:

The **first** component of the *Special Edition* set is the 37 minute educational documentary, *The Listening Heart*, which chronicles the day to day challenges of children, parents, and families who struggle with the consequences of FAS.

The **second** component of the *Special Edition* package is a fully scripted PowerPoint presentation on Fetal Alcohol Syndrome written by Dr. Ira J. Chasnoff, which covers both scientific and diagnostic information about FAS. The PowerPoint presentation includes a complete script for each slide, which means any parent or professional can utilize this tool to present information on FAS to any group.

The **third** component of the *Special Edition* package is *The Listening Heart Learning Manual for Professionals and Parents*. This manual goes chapter by chapter through the film, expands upon each topic discussed, and provides learning objectives, treatment strategies, and suggestions for intervening in problematic behaviors and learning difficulties. The information in this manual complements the film and offers a more in-depth discussion of the basic facts about FAS, providing insight into the reasons behind the child's behavior.

013

DVD Lecture Series Volume #1

Dr. Chasnoff discusses recently (2006) published data that answers the question of whether Fetal Alcohol Syndrome and Alcohol-Related Neurodevelopmental Disorders present differently, or the same, in domestically and internationally adopted children. Topics include: issues surrounding the diagnosis of FASD, the use of MRIs in determining prenatal alcohol exposure, longitudinal studies matching two populations of domestic and internationally adopted children, and more.

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A Video Series on Attachment Disorder:

Children with Disrupted Attachment



"When a child has a poor attachment to their parent, it leads to all kinds of problems, because they have not learned how to regulate their emotions, they have not learned self-control, they have not learned self-reliance in a positive way. So all these problems come out in every other relationship in their life." – Alexandra Cook, PhD

A secure attachment system forms the foundation for a child's development. The often devastating impact of attachment disorder on children's sense of self, and on their capacity to form attachments with new caregivers, can pose major challenges for foster and adoptive parents, as well as for therapists and group home staff.

In this four-video series, the presenters describe the impact of attachment disorder on the ways that children see themselves and interact with others, and how adults can respond most effectively. They explore such topics as setting limits, avoiding power struggles, providing structure, and building a trusting relationship. Their observations are reinforced by the accounts of foster and adoptive parents, group home staff, and former foster children. The presenters emphasize the importance of understanding what drives children's behaviors, rather than simply reacting to them, and provide concrete suggestions for containing negative behaviors and improving adult-child interactions. Released 2006.

017

Understanding Children with Disrupted Attachment

(#275, 42 min.)

This introductory video explains the internal effects of attachment disorder, and the behaviors that children lacking a "secure base" may display. Intended for parents, residential care workers, and therapists.

Topics

Secure Attachment

Disrupted Attachment

Neglect

Violence and Abuse

Internal Effects of Attachment Disorder

Behavioral Effects of Attachment Disorder

Obstacles to Rebuilding Attachment

Reactive Attachment Disorder Diagnosis

"You can tell them that you love them, you can tell them that you're going to keep them safe, you can tell them all these things, but it takes them years to really believe that that's actually what you're doing. They have no trust. They can't trust themselves, let alone trust anybody else."—
Denise, Adoptive Mother



018

Parenting Children with Disrupted Attachment (#276, 45 min.)

This video examines issues encountered by parents, including foster parents, adoptive parents, or family members who are caring for a child with attachment disorder.

Topics

- Understanding Behaviors
- Testing Limits
- Ongoing Repair and Crises
- Developmental Level
- Developing Trust
- Routine, Consistency, Predictability
- Attunement
- Limits and Control
- Containment and Self-Regulation
- Self-Care
- Building Basic Skills
- Feelings
- Touch

"In order to create attachment with a child, the staff have to be safe. You're not going to have access to them unless you present in a way that appears to them safe. So you cannot create an attachment with the kids unless you're aware of your own self-care."— Frank Grijalva, Residential Care Consultant



019

Caring for Children with Disrupted Attachment

(#277, 44 min.)

This video discusses issues affecting residential staff, including child care workers, camp counselors, and group home supervisors.

Topics

Importance of Attachment

Understanding Behaviors

Testing Limits

Ongoing Repair and Crises

Developmental Level

Developing Trust

Routine, Consistency, Predictability

Limits and Control

Containment and Self-Regulation

Self-Care

Building Basic Skills

Feelings

Touch

Strengthening Families

Maintaining Connection

"If the child ultimately is going to come to trust the containing relationship, at some point in that containing relationship, they're going to have to hate you, and find out that their hating you doesn't break the connection between you, doesn't cast them out into the darkness, doesn't cast you into your dark place, doesn't make you punishing or abandoning."— Vivienne Roseby, PhD



020

Treating Children with Disrupted Attachment

(#278, 43 min.)

This video discusses therapeutic issues, and is intended for counselors, social workers, and therapists.

Topics

Therapist as Coach

Therapeutic Interaction

Building a Sense of Self; Safety

The Therapeutic Relationship

Structuring Therapy Sessions

Therapeutic Issues

Therapeutic Techniques